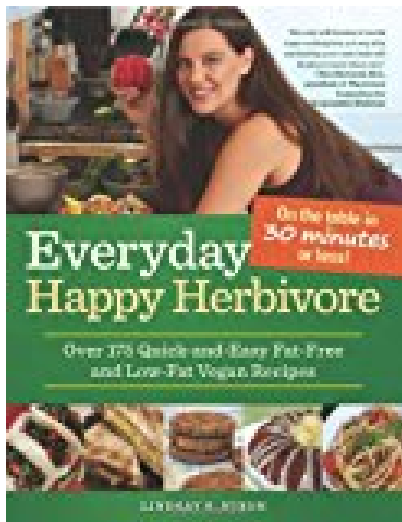


# Everyday Happy Herbivore Over 175 Quick-and-Easy Fat-Free and Low-Fat Vegan Recipes

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## BOOK DETAILS

- Author : Lindsay S. Nixon
- Pages : 336 Pages
- Publisher : BenBella Books
- Language : English
- ISBN : 1936661381



## BOOK SYNOPSIS

A follow-up to The Happy Herbivore Cookbook shares dozens of recipes that can be prepared quickly from scratch using fresh and readily available vegan ingredients, in a volume that is complemented by notes indicating recipes that are budget-friendly or ideal for preparing ahead of time. Original.

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